God gave us...

Plant a Seed! Feed a Soul!
“Squash” (Cucurbita pepo)

Planting depth: 1”-11/2”  Apart in row (after thinning):  12”-18”  Distance between rows:  3’-6’  Approximate days to germination:  6-12 days

Let’s grow…
Plant squash seeds 1”-11/2” deep in a sunny area of your garden. It takes about 6-12 days for seeds to sprout into seedlings. Seedlings are new plants grown from seeds.

Taking care of God’s creation…
New plants need plenty of water especially when the flowers are blooming. When 6” tall, seedlings should be thinned to 12”-18” apart. Squash are ready to eat when about 6” long. The earlier they are picked, the more tender they will be.

Eat your squash…
One of the oldest known crops first grown in Mexico, squash are a good source of vitamins that we need for healthy bodies. You can show God’s love to others by sharing the good food that he has given us to eat.

“I planted the seed, Apollos watered it, but God made it grow”.
1 Corinthians 3:6

Hope Seeds